

CAAA

CAPITAL AREA AGENCY ON AGING

*We Know...
Aging Matters*

1-800-833-9883
WWW.CAPITALAAA.ORG

6554 FLORIDA BOULEVARD, SUITE 221
BATON ROUGE, LOUISIANA 70806



*Advocate and provide services to enhance the quality of life for
older adults*

**CAPITAL AREA AGENCY ON AGING DISTRICT II, INC.
ANNUAL REPORT
2020-2021**



Capital Area Agency on Aging, District II, Inc.

Capital Area Agency on Aging, District II, Inc. (CAAA), a non-profit 501(c)3 organization, was established in May, 1974. The agency, located at 6554 Florida Boulevard, Suite 221 is governed by a voluntary Board of Directors. Our mission is to advocate and provide services to enhance the quality of life for older adults. Donor contributions are tax deductible. All donations are tax deductible. Donate online at www.capitalaaa.org.

Services and Activities

A. Title III of the Older Americans Act



Older Americans Act Programs, federally funded with a state match (serves 10 parishes): **Access Services** - Transportation, Information and Assistance, Outreach; **In-Home Services** - Homemaker, Telephoning, Medical Alert, Personal Care; **Legal**: representation in legal matters; **Congregate Meals** (includes Nutrition Education); **Home-Delivered Meals** (including Nutrition Education); **Preventive Health** – Evidence-Based Wellness programs that help the elderly and the disabled to develop the skills needed to manage their own health conditions. Programs offered include A

Matter of Balance, Dr. Lams' Tai Chi for Arthritis, Walk with Ease, Stanford's Active Choices; **Caregiver Support** - In-Home Respite, Sitter, Information and Assistance. Title III programs/services with the exception of Preventive Health are provided through contracts with the following service providers: 10 Councils on Aging (COA) - Ascension, Assumption, East Feliciana, Iberville, Pointe Coupee, St. Helena, Tangipahoa, Washington, West Baton Rouge, West Feliciana; 1 Legal Services Provider (Southeast Legal Services); 1 Commissary (Trio Meals); 4 Caregiver Support Providers (Alzheimer's Services of the Capital Area, Tangi Cares, LA Home Care, and South LA Caregiving)



- B. Aging and Disability Resource Center (ADRC)**, a state funded program includes SenioRx and Louisiana Answers Programs, serves 13 parishes (10 Title III parishes, plus East Baton Rouge, Livingston, and St. Tammany). SenioRx prescription program provides access to free and reduced-price medications from pharmaceutical companies, as well as enrollment in Medicare Part D and assistance in paying for Medicare costs. Louisiana Answers resource program provides information and assistance on available federal, state and local community resources as well as options and benefits counseling.
- C. Senior Community Services Employment Program (SCSEP)**. SCSEP serves 10 parishes (East Baton Rouge, East Feliciana, Iberville, LaFourche, Livingston, Pointe Coupee, St. James, Tangipahoa, Washington, and West Baton Rouge). The focus of the SCSEP is to foster and promote useful part-time training opportunities in community services activities for persons with low incomes, unemployed, who are 55 years old or older, have poor employment prospects, and have the greatest economic need. The goals of persons participating in the SCSEP are to find and keep a job, upgrade job skills and work experience through hands-on paid training experiences at host agencies and learn new job skills needed in the current workplace.
- D. Ombudsman Program**, serving 22 parishes (10 Title III parishes, plus East Baton Rouge, Jefferson, LaFourche, Livingston, Orleans, Plaquemine, St. Bernard, St. Charles, St. James, St. John, and Terrebonne). The goal of the program is to provide information and advocacy to elderly residents of nursing homes and assisted living facilities.



Dear CAAA Friends,

“You can’t stop the waves but you can learn how to surf!”

I don’t know who said this but I do know that it is an accurate reflection for this past year. The ups and downs of current events make us think about how we must adapt to meet the sometime unique and recurring needs of those we serve. Capital Area Agency on Aging has once again responded to the growing needs in the service areas. I am always in awe of the CAAA dedicated and selfless staff and of the great work they do.

Additionally, I would like to highlight the Councils on Aging Directors. For CAAA and the seniors, these Directors are our first responders. As the waves of change recur, these Directors had to learn how to surf them and figure out how to best deliver services to their senior population. This is a great success story! We are very proud of them and how they ascended to address the critical needs of their members.

The most vulnerable residents of Louisiana are our seniors and those with the early onset of disease. Serving the elderly in these parishes is CAAA’s mission and honor to execute. This annual report once again shows the result of the Directors and staff’s hard work. CAAA has managed the increased parish load successfully. There is much to celebrate as we reflect on last year and look forward to this year. Check out the new website too! Our hope is to host the Annual Health Fair Expo in person in 2022 along with the Aging Well in Louisiana Symposium. Lastly don’t forget to support the great work at the COAs wherever you are, with your time, talent and/or treasure!

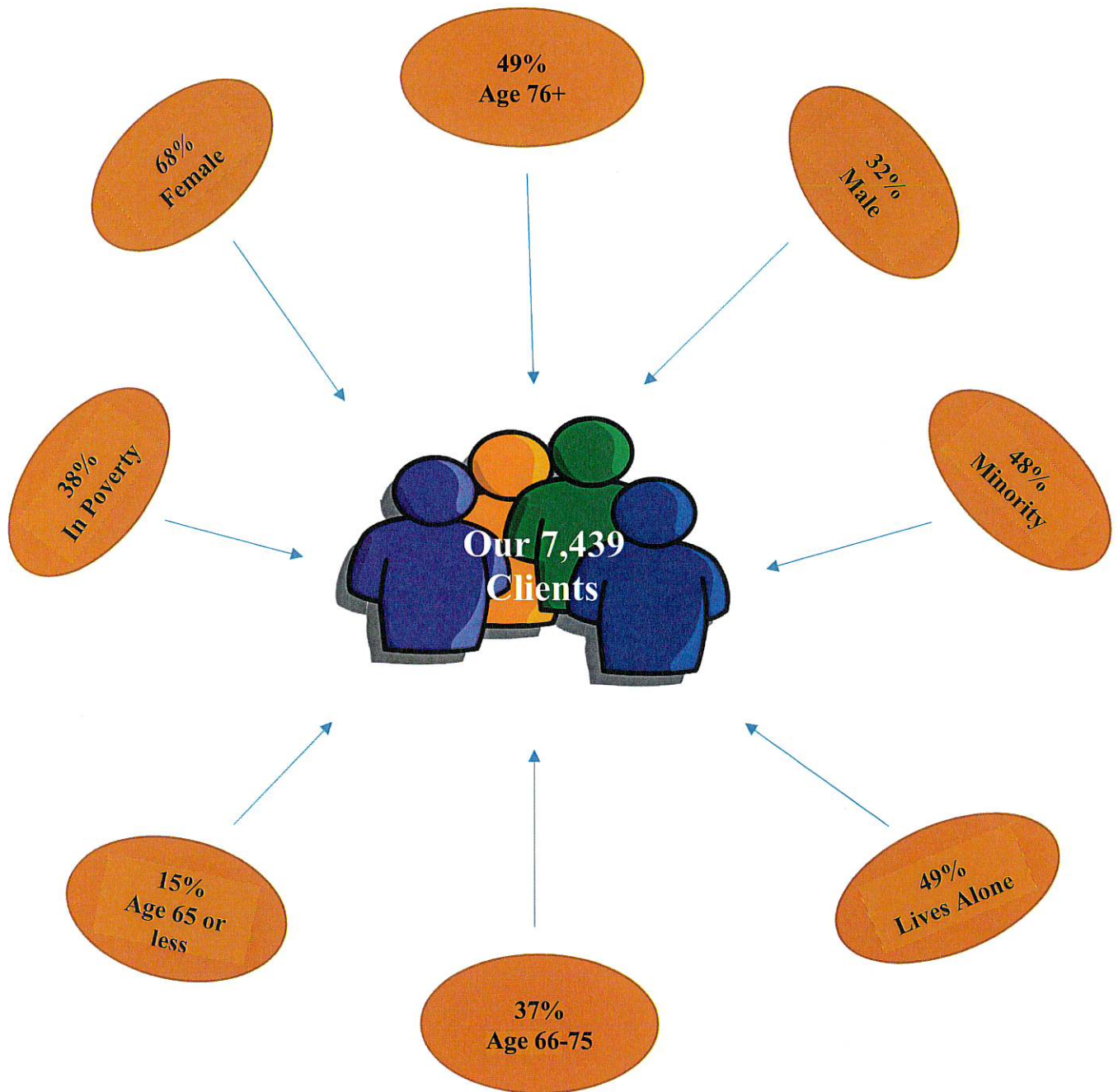
The Board of Directors will continue to work alongside them and the staff with anyone who advocates and provides services to enhance the quality of life for aging adults. This is our privilege; it is our duty!

Sincerest regards,

A handwritten signature in blue ink that reads "Ann D. Zanders". The signature is written in a cursive, flowing style.

Ann D. Zanders, President
Board of Directors
Capital Area Agency on Aging

CLIENT PROFILE

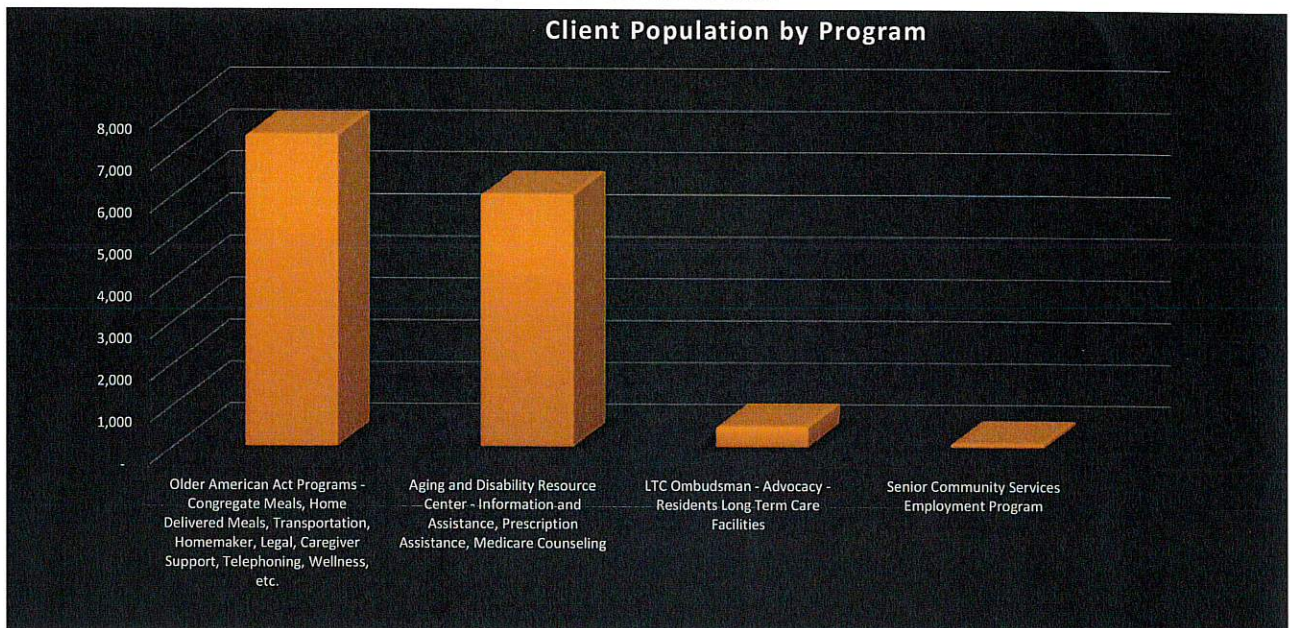


SERVICES PROVIDED

July 1, 2020 - June 30, 2021

PERSONS SERVED *	7,439	HEALTH PROMOTION/DISEASE PREVENTION	
		Evidence Based Wellness Units of Service	517
SUPPORTIVE SERVICES		Total Participants	70
Information and Assistance - Clients Assessed for Services	6,589	Senior Community Services Employment Program (SCSEP)	
Outreach - Face to Face Contacts	559	Total Participants	89
Transportation Rides	39,129		
Homemaker Hours	17,670	NATIONAL CAREGIVER SUPPORT	
Personal Care Hours	1,085	Information and Assistance	112
Telephoning Contacts	115,783	In-Home Respite Hours	16,107
Legal Hours	376	Sitter Hours	3,311
Medical Alert (Emergency devices)	1,429	Material Aid Items	464
		LTC OMBUDSMAN	
HOME DELIVERED MEALS		Cases/Complaints	557/879
Total Persons Served	4,222	Facilities/Parishes	204/22
Total Meals Served	698,556	Visitation/Hours	349/331.2
Nutrition Education Client Sessions	2,539		
		AGING AND DISABILITY RESOURCE CENTER (ADRC)	
CONGREGATE MEALS		Total Clients Assisted	4,674
Total Persons Served	116	LOUISIANA SENIORx	
Total Meals Served	1,542	Total Clients	1,281
Nutrition Education Group Session	3	Total New Clients	500
		30-day Prescriptions Filled/Refilled	3,843
		Prescription Drug Savings	\$1,942,254
		Medicare Part D counseling	114

*Unduplicated client count does not include LTC Ombudsman, SenioRx clients or ADRC Clients

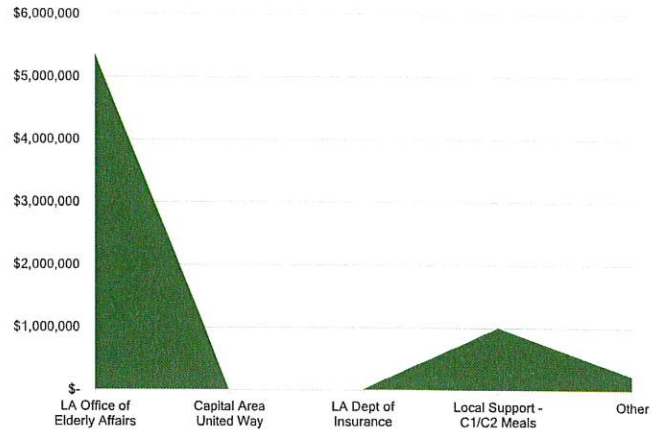


STATEMENT OF ACTIVITIES
July 1, 2020 - June 30, 2021

SUPPORT AND REVENUES

Governor's Office of Elderly Affairs	\$ 5,365,703
Department of Insurance	8,108
Capital Area United Way	1,000
Local Support - Title III-C-1/III-C-2 Meals	1,001,450
Other Support and Revenues	229,399
Interest Income	<u>2,938</u>
Total Support and Revenue	<u>6,608,598</u>

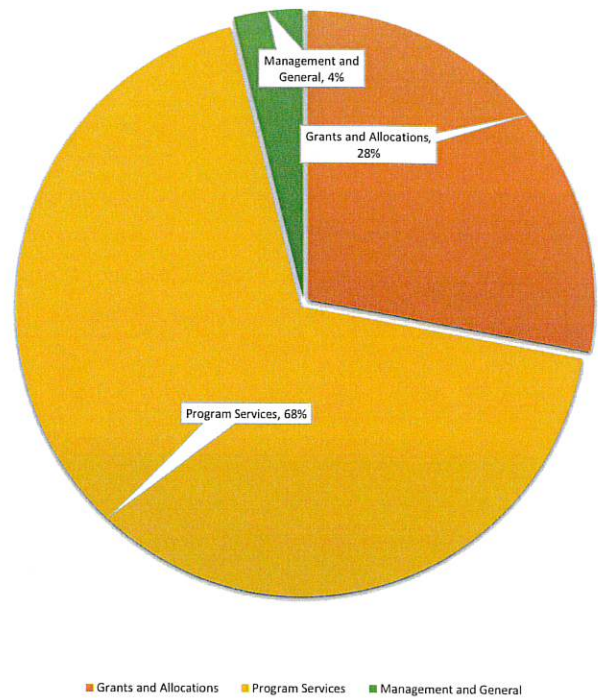
REVENUES



EXPENSES

Grants and Allocations	\$ 1,794,518
Functional Expenses:	
Program Services	
Title III-C-1 Congregate Meals	4,482
Title III-C-2 Home Delivered Meals	2,941,418
Title III-D Preventive Health	45,707
Title III-E Caregiver Support	450
Aging and Disability Resource Center/SenioRx	192,763
Long Term Care Ombudsman	460,501
Payroll Protection Plan	118,113
Senior Community Services Employment Program	645,918
(MIPPA)	<u>7,697</u>
Total Program Services	<u>4,417,049</u>
Fund Raising	3,400
Management and general	<u>252,434</u>
Total Expenses	\$ <u>6,467,401</u>
 BALANCE JULY 1, 2020	 <u>144,497</u>
 BALANCE JUNE 30, 2021	 <u>\$ 285,694</u>

EXPENSES



The Capital Area Agency on Aging staff, Board of Directors, Advisory Council and our service providers have made 2021 another successful year of coordinating and providing services to seniors in our planning and service area. Thank you!

Reflecting on the past year, I am reminded of the important role the Area Agency on Aging plays in delivering services to older adults in our 10 parish service area surrounding the capital area. As the Area Agency on Aging (AAA) for capital area, the Capital Area Agency on Aging (CAAA) is proud to be part of a national Aging Network. The foundation for our work is the Older Americans Act, signed into law in 1965 with the goal of supporting older Americans so that they may live at home and in the community safely with dignity and independence for as long as possible. We are part of a network that includes 56 state and territorial units on aging, more than 600 Area Agencies on Aging, and nearly 20,000 community service providers.



Capital Area Agency on Aging provides core services to older adults in our 10 foundational parishes and some services in another 12 parishes in Louisiana. As the Area Agency on Aging for this region, we are the “on-the-ground” organization charged with working with multiple community entities to meet the mandates of the Older Americans Act, and to use the flexibility provided in the act to ensure local needs and preferences are taken into consideration.

CAAA understands the challenges ahead yet remains excited about the opportunities that working in this field brings each day. We recognize that to meet the needs of an aging population we will need to be collaborative, innovative and continually evaluate our funding priorities to remain good stewards of our federal, state and parish funds. We also know that the work we do is as relevant today as it was 56 years ago when the Older Americans Act was created. We celebrate our most recent year and look forward to the coming year with renewed energy and enthusiasm.

Serving the older adults of our area is a mission that I and the staff of the Capital Area Agency on Aging feel deeply about. We look forward to continuing to carry out this mission for many years to come.

Sincerely,

Craig Kaberline

Executive Director



October 27, 2021

Dear Friends and Fellow Seniors,

CAAA's 47th year of service continues to face the challenges that started in 2021 with the advent of the COVID-19 Pandemic. The Advisory Council still “meet” via ZOOM and most other gatherings remain canceled. Yet with the next year comes hope of normalcy and the Annual Health Fair Expo has been scheduled for May 26, 2022. Of this, everyone is delighted.

The mission of Capital Area Agency on Aging is to advocate and provide services to enhance the quality of life for aging adults. Everyone works hard to accomplish this mission.

Craig Kaberline and his wonderful staff have been working diligently with the parish Councils on Aging and other partners to provide direct services, advocacy, information, and referrals to critical services including:

- Transportation
- Caregiver Support
- Wellness Programs
- Senior Rx, free or low-cost
- Respite Service
- Long Term Care Ombudsman Assistance
- Affordable legal services
- Aging and Disability Resources
- Senior Employment Opportunities
- Insurance and Medicare Enrollment Information
- Home Delivered and Congregant Meals
- Homemaker Assistance with Daily Tasks

Capital Area Agency on Aging is a huge resource to Louisiana Seniors and adults with disabilities and one of our greatest challenges is getting seniors and the disabled to become aware of the many opportunities of assistance available. Please spread the word that there is help available from caring and knowledgeable persons.

Thank you for the opportunity to serve on the Advisory Council to further the well-being of Louisiana's Seniors.

Sincerely,

Sheri Fair

Sheri Fair
Capital Area Agency on Aging
Advisory Council President

Board of Directors

The Capital Area Agency on Aging Board members are selected from service and public agencies, consumer groups, and other interested community persons.

Ms. Ann Zanders, President
Organization Strategic Planning Consultant

Ms. Pat Dial
Ret. Pres, Tourism Pointe Coupee

Mr. Courtney Lyons
Nurse

Vacant, Vice-President

Mr. James Blouin, Jr.
Retired Adm. / Army Colonel

Ms. LaTonya Scott
AARP

Ms. Paula Ouder, Secretary
Attorney

Ms. Leslie Keen
Dir. Community Relations Peoples Health BRCC

Ms. Theresa Y. Charles

Ms. Ana Rupnik, Treasurer
Senior Risk Officer, Investar Bank

Ms. Candice Carpenter
Social Work / Director of Sales

Ms. D'Angela Andrews
Case Management

Ms. Essie Kennerson
Sr. Community Mgmt. Executive, Humana

Ms. Carlesia Carmena Bibbins
Attorney

Ms. Tanga Gremillion
Health Services Counselor
St. James Place Senior Living

Mr. Jeffrey Martin
Investar Bank

Advisory Council

The Advisory Council consists of representatives of program participants and the general public, including low income elderly and older minority persons at least in proportion to the number of minority older persons in the area, who advise the Area Agency Board on all matters relating to development and administration of the Area Plan.

Ms. Sheri Richard Fair, President
Retired

Rev. Olton Scott
Pastor, St. Peter Baptist Church

Ms. Dana delaBretonne
Beacon Behavioral Health

Ms. Alice Doherty, Vice President
West Feliciana COA Board

Ms. Vicki Dufrene, Secretary
Director, SHIIP

Mr. Delmas Dunn, Sr.
President, Tangi. Afr. Amer. Museum

ACKNOWLEDGMENTS

Service Providers

Alzheimer's Services of the Capital Area
Ascension Council on Aging
Assumption Council on Aging
East Feliciana Council on Aging
Iberville Council on Aging
LA Homecare – Home Instead
Pointe Coupee Council on Aging
St. Helena Council on Aging

South Louisiana Caregiving – Home Instead
Southeast Louisiana Legal Services
Tangi Cares – Home Instead
Tangipahoa Voluntary Council on Aging
Trio Community Living
Washington Council on Aging
West Baton Rouge Council on Aging
West Feliciana Council on Aging

Governing & Advisory Authorities

Capital Area Agency on Aging Board of Directors
Capital Area Agency on Aging Advisory Council

THANKS TO THE FOLLOWING FOR SUPPORTING
CAPITAL AREA AGENCY ON AGING



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