



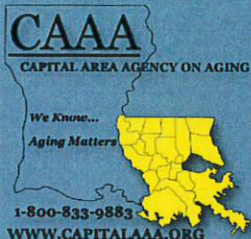
CAPITAL AREA AGENCY ON AGING DISTRICT II, INC.



Annual Report 2021-2022

6554 Florida Boulevard, Suite 221
Baton Rouge, Louisiana 70806

*Advocate and provide services to
enhance the quality of life for older
adults*



Capital Area Agency on Aging, District II, Inc.

Capital Area Agency on Aging, District II, Inc. (CAAA), a non-profit 501(c)3 organization, was established in May, 1974. The agency, located at 6554 Florida Boulevard, Suite 221 is governed by a voluntary Board of Directors. Our mission is to advocate and provide services to enhance the quality of life for older adults. Donor contributions are tax deductible. All donations are tax deductible. Donate online at www.capitalaaa.org.

Services and Activities

A. Title III of the Older Americans Act



Older Americans Act Programs, federally funded with a state match (serves 10 parishes): **Access Services** - Transportation, Information and Assistance, Outreach; **In-Home Services** - Homemaker, Telephoning, Medical Alert, Personal Care; **Legal**: representation in legal matters; **Congregate Meals** (include Nutrition Education); **Home-Delivered Meals** (including Nutrition Education); **Preventive Health** - Evidence-Based Wellness programs that help the elderly and the disabled to develop the skills needed to manage their own health conditions. Programs offered include A Matter of Balance, Dr. Lam's

Tai Chi for Arthritis, Walk with Ease, Bingocize; **Caregiver Support** -

In-Home Respite, Sitter, Information and Assistance. Title III programs/services with the exception of Preventive Health are provided through contracts with the following service providers: 10 Councils on Aging (COA) - Ascension, Assumption, East Feliciana, Iberville, Pointe Coupee, St. Helena, Tangipahoa, Washington, West Baton Rouge, West Feliciana; 1 Legal Services Provider (Southeast Legal Services); 1 Commissary (Trio Meals); 4 Caregiver Support Providers 1(Alzheimer's Services of the Capital Area, Tangi Cares, LA Home Care, and South LA Caregiving).



B. Aging and Disability Resource Center (ADRC), a state funded program includes SenioRx and Louisiana Answers Programs, serves 13 parishes (10 Title III parishes, plus East Baton Rouge, Livingston, and St. Tammany). SenioRx prescription program provides access to free and reduced-price medications from pharmaceutical companies, as well as enrollment in Medicare Part D and assistance in paying for Medicare costs. Louisiana Answers resource program provides information and assistance on available federal, state and local community resources as well as options and benefits counseling.

C. Senior Community Services Employment Program (SCSEP). SCSEP serves 10 parishes (East Baton Rouge, East Feliciana, Iberville, LaFourche, Livingston, Pointe Coupee, St James, Tangipahoa, Washington, and West Baton Rouge). The focus of the SCSEP is to foster and promote useful part-time training opportunities in community services activities for persons with low incomes, unemployed, who are 55 years old or older, have poor employment prospects, and have the greatest economic need. The goals of persons participating in the SCSEP are to find and keep a job, upgrade job skills and work experience through hands-on paid training experiences at host agencies and learn new job skills needed in the current workplace.

D. Ombudsman Program, serving 22 parishes (10 Title III parishes, plus East Baton Rouge, LaFourche, Livingston, Orleans, Plaquemine, St. Bernard, St. Charles, St. James, St. John, and Terrebone). The goal of the program is to provide information and advocacy to elderly residents of nursing homes and assisted living facilities.



Dear Friends,

As we continue to recover from the effects of the pandemic, it is encouraging to hear that most Councils on Aging along with our other service providers are once again fully operational. This is especially encouraging since social isolation and loneliness are both huge risk factors for poor aging outcomes. I am proud of the many ways CAAA services are an intervention to address those risks and other challenges our precious seniors face. Thank you to all our Service Providers.

I am also extremely thankful for the commitment of our CAAA staff with a combination of well over one hundred years of service. I know firsthand how committed they are to achieving the mission of this great agency. They work with commitment and compassion like I have never witnessed. They are truly the best!

While we are very proud of what we do, there is still much work to be done as the landscape of our elderly population continues to change. We will draw more from the diverse strengths and expertise of our current board members. **Together, we will tell our story louder.** Telling our story louder will build more partnerships within the communities we serve. Telling our story louder will encourage more of the elderly population to take advantage of the services the agency and councils offer. Telling our story louder will cause others to want to “Pay it forward.”

To serve as an advocate for and work on behalf of our seniors is a privilege. As a board, it is our honor to work toward improving the quality of life for all seniors. We have a bright future ahead of us as our seniors are living longer and stronger. God bless our seniors!

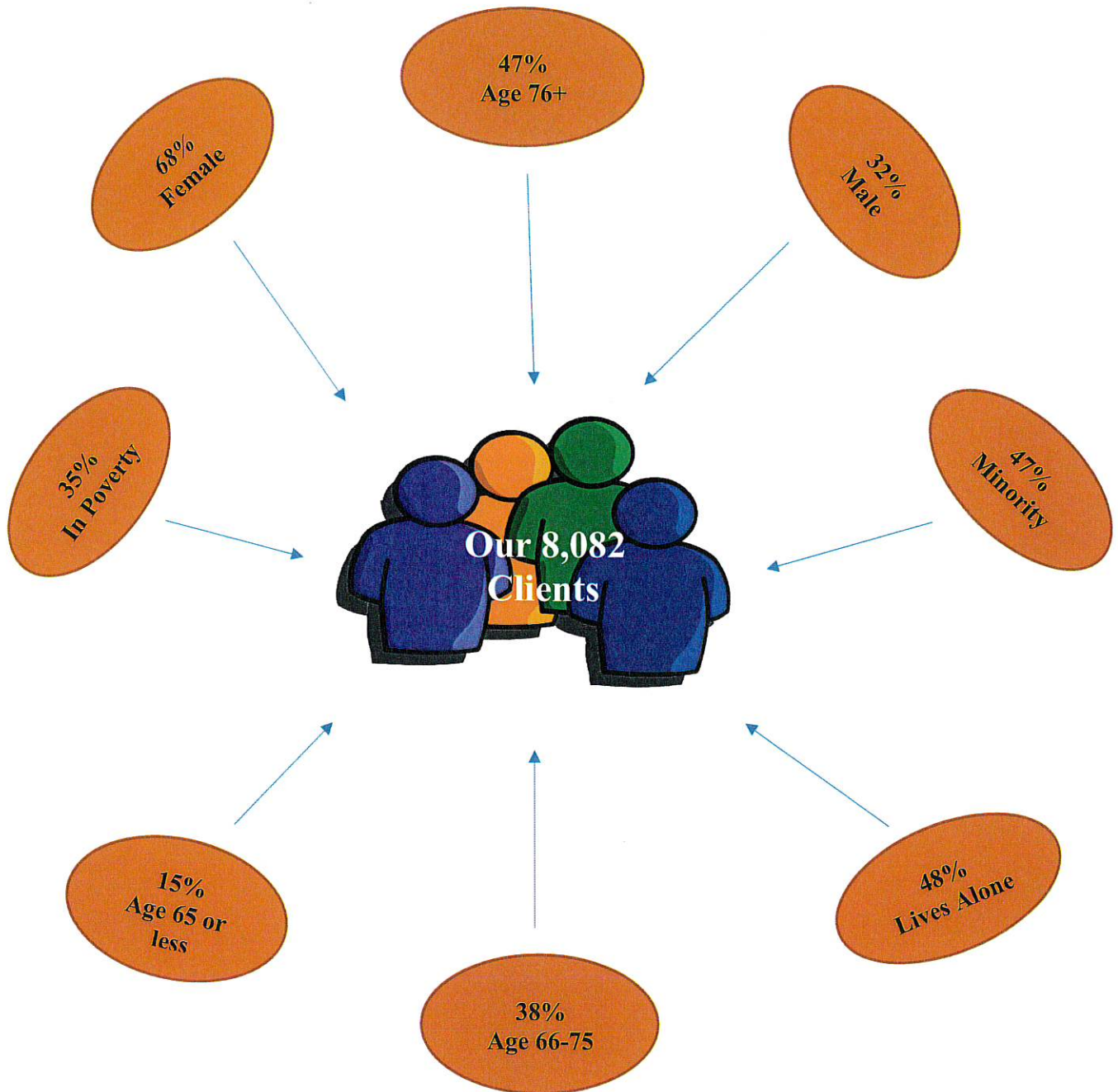
I am grateful for the opportunity to serve as board president. I will end by quoting Ann D. Zanders, our beloved former board president, “And the work continues.”

With sincere regards,

Essie L. Kennerson

Essie L. Kennerson, President
Board of Directors
Capital Area Agency on Aging

CLIENT PROFILE

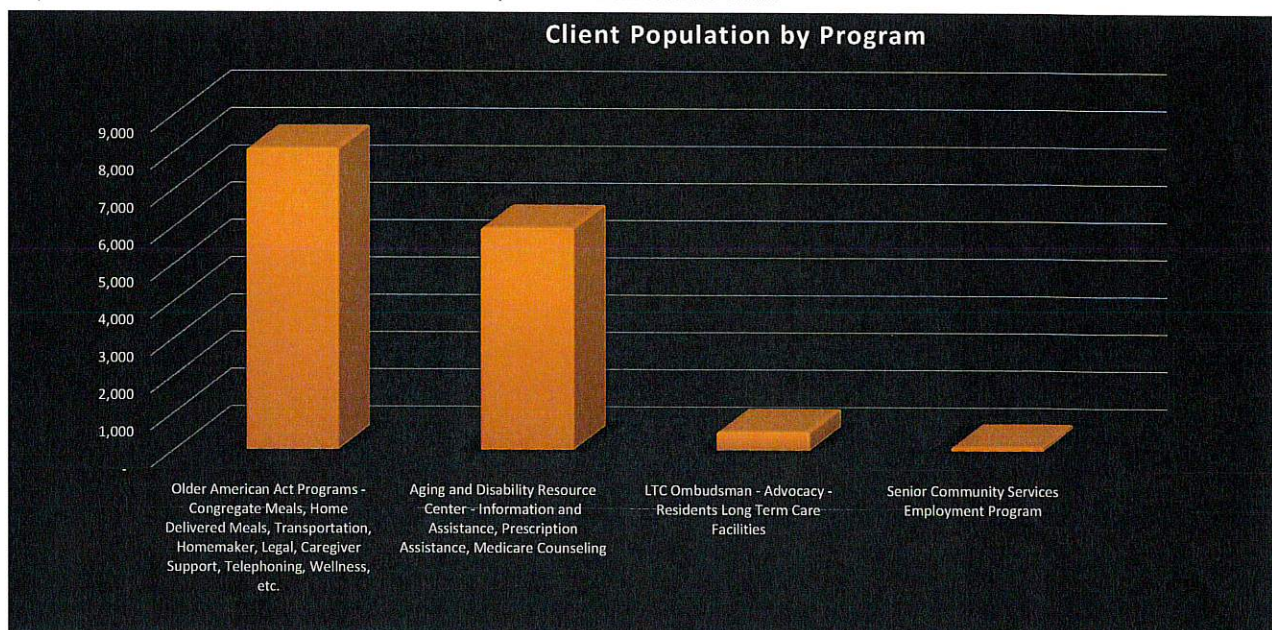


SERVICES PROVIDED

July 1, 2021 - June 30, 2022

PERSONS SERVED *	8,082	HEALTH PROMOTION/DISEASE PREVENTION	
		Evidence Based Wellness Units of Service	4,847
SUPPORTIVE SERVICES		Total Participants	345
Information and Assistance - Clients Assessed for Services	6,954	Senior Community Services Employment Program (SCSEP)	
Outreach - Face to Face Contacts	886	Total Participants	94
Transportation Rides	84,276		
Homemaker Hours	20,354	NATIONAL CAREGIVER SUPPORT	
Personal Care Hours	1,342	Information and Assistance	117
Telephoning Contacts	36,978	In-Home Respite Hours	22,082
Legal Hours	625	Sitter Hours	4,600
Medical Alert (Emergency devices)	1,454	Material Aid Items	744
		LTC OMBUDSMAN	
HOME DELIVERED MEALS		Cases/Complaints	546/1028
Total Persons Served	3,006	Facilities/Parishes	202/22
Total Meals Served	476,462	Visitation/Hours	1059/1529
Nutrition Education Client Sessions:	2,115		
		AGING AND DISABILITY RESOURCE CENTER (ADRC)	
CONGREGATE MEALS		Total Clients Assisted	4,584
Total Persons Served	2,067	LOUISIANA SENIORx	
Total Meals Served	173,337	Total Clients	1,024
Nutrition Education Group Session	474	Total New Clients	358
		30-day Prescriptions Filled/Refilled	3,072
		Prescription Drug Savings	\$5,553,443
		Medicare Part D counseling	57

*Unduplicated client count does not include LTC Ombudsman, SeniorRx clients or ADRC Clients

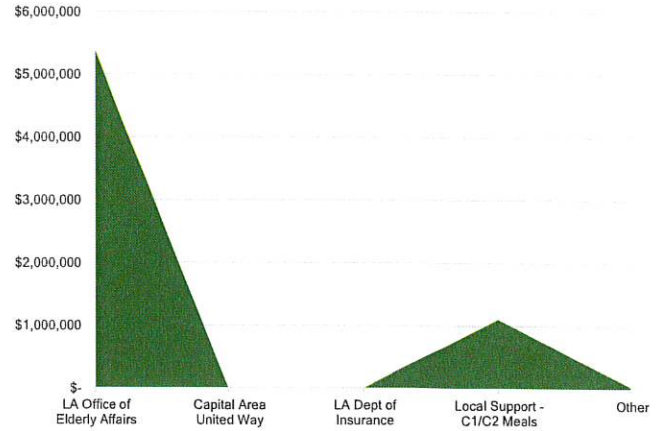


STATEMENT OF ACTIVITIES
July 1, 2021 - June 30, 2022

SUPPORT AND REVENUES

Governor's Office of Elderly Affairs	\$ 5,381,922
Department of Insurance	3,192
Capital Area United Way	3,458
Local Support - Title IIIC-1/IIIC-2 Meals	1,101,662
Other Support and Revenues	34,005
Interest Income	<u>2,900</u>
Total Support and Revenue	6,527,139

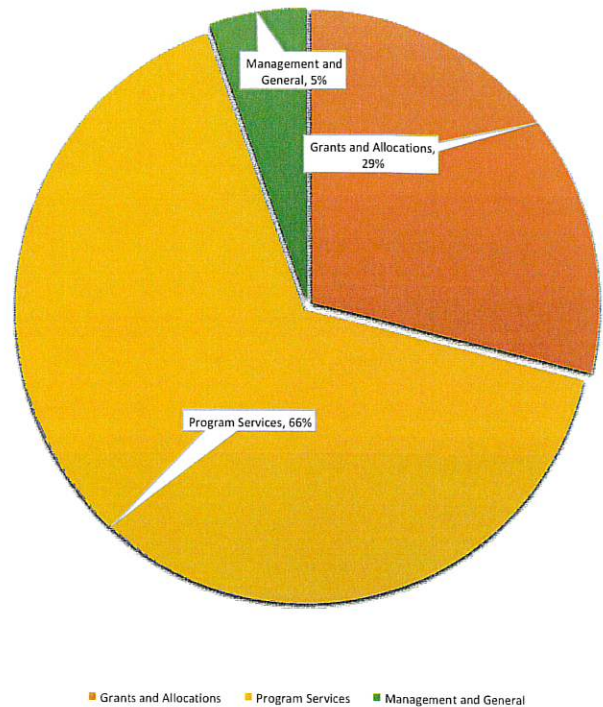
REVENUES



EXPENSES

Grants and Allocations	\$ 1,752,045
Functional Expenses:	
Program Services	
Title III-C-1 Congregate Meals	611,064
Title III-C-2 Home Delivered Meals	1,978,466
Title III-D Preventive Health	65,490
Title III-E Caregiver Support	450
Aging and Disability Resource Center/SenioRx	199,797
Long Term Care Ombudsman	511,269
Vaccine Grant	52,575
Senior Community Services Employment Program (MIPPA)	<u>7,175</u>
Total Program Services	4,015,962
Fund Raising	2,800
Management and general	<u>324,300</u>
Total Expenses	\$ 6,095,107
 BALANCE JULY 1, 2021	 <u>285,694</u>
 BALANCE JUNE 30, 2022	 <u><u>\$ 717,726</u></u>

EXPENSES



The Capital Area Agency on Aging staff, Board of Directors, Advisory Council are incredibly proud of how our agency and partnering organizations continued to deliver programs and services to older adults and family caregivers during another unprecedented year impacted by the pandemic. As we look back on 2021-2022, we must reflect on how the agency and our network of partners managed the challenges faced, and how we all succeeded in meeting the needs of seniors and family caregivers. Innovative programs were developed by staff, and changes made to the service delivery system to ensure that we fulfilled our mission of enhancing the lives of those we serve.



In this report, you will see how the Capital Area Agency on Aging impacted the lives of older adults and family caregivers. Our programs continued to support seniors to remain living in the place they call home for as long as possible. We collaborated with local community services organizations to provide information on how to access a COVID vaccination, including access to transportation to vaccination sites for those age 60 and older adult households in our region. We moved exercise programs to being virtual or conducted outdoors in a safe socially distanced manner.

Years from now, we will reflect on how this historic time created innovative changes for the delivery of programs and services to seniors. This past year, we are incredibly proud of how our staff and partnering organizations helped older adults and family caregivers coming out of this extraordinary year stronger together. We celebrate our most recent year and look forward to the coming year with renewed energy and enthusiasm.

Serving the older adults of the Capital area is a mission that I and the staff of the Capital Area Agency on Aging feel deeply about. We look forward to continuing to conduct this mission for years to come.

Sincerely,

Craig Kaberline

Executive Director

November 23, 2022



Patricia Dial, Advisory Council President

Dear Friends, Co-workers, and Fellow Seniors,

As we prepare for our 50th year that the Capital Area Agency on Aging provides information, and services to the elderly and disabled, I am thankful to, once again, be elected to the office of President of the Advisory Council. I bring knowledge and experience to the newly elected Council having served on both the CAAA Board of Directors and the Advisory Council for the past decade.

As we gather information from our many constituents and volunteers to develop the Area Plan that will guide CAAA for the upcoming 4 years for District II, I want to thank all who work, tirelessly, to meet the needs of our rapidly expanding elderly population, researching and providing transportation, meals, legal and nutritional education, assisted living, grants and funding to enable seniors and the disabled to be healthy, happy, independent lives in a safe environment.

It will continue to be my personal mission to lead our Council in securing services for the diversified population. I am proud to be a member of, and a daily advocate for CAAA.

On behalf of the Advisory Council, I would like to thank everyone who has worked so hard in the past year. We have enjoyed the opportunity to be involved and share our experience and encourage all seniors to do the same.

Sincerely,

Patricia Dial

Capital Area Agency on Aging
Advisory Council President

Board of Directors

The Capital Area Agency on Aging Board members are selected from service and public agencies, consumer groups, and other interested community persons.

Ms. Essie Kennerson - President
Humana
DSNP Community Outreach Manager

Mr. Courtney Lyons
Oceans Behavioral Health
Nurse

Mr. Charles "Buddy" Pugh
Retired

Ms. Ann Zanders, Vice -President
Organization Strategic Planning
Consultant

Mr. James Blouin, Jr.
Retired Adm. / Army Colonel

Ms. LaTonya Scott
AARP
Communication Director

Ms. Paula Ouder, Secretary
Kuehne & Foote
Attorney

Ms. Leslie Keen
Peoples Health
Dir. Community Relations

Ms. D'Angela Andrews
Catholic Charities

Ms. Theresa Charles, Treasurer
Louisiana Senate,
Sergeant at Arms

Ms. Candice Carpenter
Sunrise at Siegen
Director of Sales

Ms. Tonya Aiken
Louisiana Senior Advisors

Ms. Carlesia Carmena Bibbins
Louisiana House of Representatives
Attorney I

Mr. Jeffrey Martin
Investar Bank
Chief Credit Officer, EVP

Advisory Council

The Advisory Council consists of representatives of program participants and the general public, including low income elderly and older minority persons at least in proportion to the number of minority older persons in the area, who advise the Area Agency Board on all matters relating to development and administration of the Area Plan.

Ms. Pat Dial, President
Retired/Tourism Pointe Coupee

Rev. Olton Scott
Pastor, St. Peter Baptist Church
St. Francisville, LA

Ms. Elaine Mickens
Assumption COA Board

Ms. Alice Doherty, Vice President
West Feliciana COA Board

Mr. Leroy Washington
West Baton Rouge COA Board

Mr. Delmas Dunn, Sr.
President, Tangi. Afr. Amer. Museum

ACKNOWLEDGMENTS

Service Providers

Alzheimer's Services of the Capital Area
Ascension Council on Aging
Assumption Council on Aging
East Feliciana Council on Aging
Iberville Council on Aging
LA Homecare – Home Instead
Pointe Coupee Council on Aging
St. Helena Council on Aging

South Louisiana Caregiving – Home Instead
Southeast Louisiana Legal Services
Tangi Cares – Home Instead
Tangipahoa Voluntary Council on Aging
Trio Community Living
Washington Council on Aging
West Baton Rouge Council on Aging
West Feliciana Council on Aging

Governing & Advisory Authorities

Capital Area Agency on Aging Board of Directors
Capital Area Agency on Aging Advisory Council

THANKS TO THE FOLLOWING FOR SUPPORTING CAPITAL AREA AGENCY ON AGING



A UnitedHealthcare Company

