

2023-2024

Annual Report

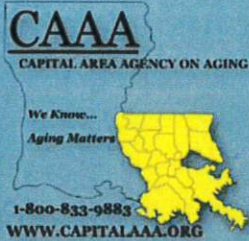


CAPITAL AREA AGENCY ON AGING DISTRICT II, INC

*Advocate and provide
services to enhance the
quality of life for older adults*



6554 Florida Boulevard, Suite 221
Baton Rouge, Louisiana 70806



Capital Area Agency on Aging, District II, Inc.

Capital Area Agency on Aging, District II, Inc. (CAAA), a non-profit 501(c)3 organization, was established in May, 1974. The agency, located at 6554 Florida Boulevard, Suite 221 is governed by a voluntary Board of Directors. Our mission is to advocate and provide services to enhance the quality of life for older adults. Donor contributions are tax deductible. All donations are tax deductible. Donate online at www.capitalaaa.org.

Services and Activities

A. Title III of the Older Americans Act



Older Americans Act Programs, federally funded with a state match (serves 10 parishes): **Access Services** - Transportation, Information and Assistance, Outreach; **In-Home Services** - Homemaker, Telephoning, Medical Alert, Personal Care; **Legal**: representation in legal matters; **Congregate Meals** (include Nutrition Education); **Home-Delivered Meals** (including Nutrition Education); **Preventive Health** - Evidence-Based Wellness programs that help the elderly and the disabled to develop the skills needed to manage their own health conditions. Programs offered include A Matter of Balance, Dr. Lam's

Tai Chi for Arthritis, Walk with Ease, Bingocize; **Caregiver Support** - In-Home Respite, Sitter, Information and Assistance. Title III programs/services with the exception of Preventive Health are provided through contracts with the following service providers: 10 Councils on Aging (COA) - Ascension, Assumption, East Feliciana, Iberville, Pointe Coupee, St. Helena, Tangipahoa, Washington, West Baton Rouge, West Feliciana; 1 Legal Services Provider (Southeast Legal Services); 1 Commissary (Trio Meals); 4 Caregiver Support Providers



1 (Alzheimer's Services of the Capital Area, Tangi Cares, LA Home Care, and South LA Caregiving).

B. Aging and Disability Resource Center (ADRC), a state funded program includes SenioRx and Louisiana Answers Programs, serves 13 parishes (10 Title III parishes, plus East Baton Rouge, Livingston, and St. Tammany). SenioRx prescription program provides access to free and reduced-price medications from pharmaceutical companies, as well as enrollment in Medicare Part D and assistance in paying for Medicare costs. Louisiana Answers resource program provides information and assistance on available federal, state and local community resources as well as options and benefits counseling.

C. Senior Community Services Employment Program (SCSEP). SCSEP serves 10 parishes (East Baton Rouge, East Feliciana, Iberville, LaFourche, Livingston, Pointe Coupee, St James, Tangipahoa, Washington, and West Baton Rouge). The focus of the SCSEP is to foster and promote useful part-time training opportunities in community services activities for persons with low incomes, unemployed, who are 55 years old or older, have poor employment prospects, and have the greatest economic need. The goals of persons participating in the SCSEP are to find and keep a job, upgrade job skills and work experience through hands-on paid training experiences at host agencies and learn new job skills needed in the current workplace.

D. Ombudsman Program, serving 22 parishes (10 Title III parishes, plus East Baton Rouge, Jefferson, LaFourche, Livingston, Orleans, Plaquemine, St. Bernard, St. Charles, St. James, St. John, St. Tammany and Terrebone). The goal of the program is to provide information and advocacy to elderly residents of nursing homes and assisted living facilities.

Dear CAAA Friends/Supporters,

As we reflect on the past year, it is with great pride and gratitude that we can share through our annual report the highlights and achievements of our agency, Parish agencies, and the many partners who have helped to make a difference in those we serve. Serving as the Board President has been a profound honor, and I am continually inspired by the dedication and resilience of our unified teams.



This year, we have made significant strides in enhancing the lives of our aging adult population. Through innovative programs, dedicated services, and a steadfast commitment to our mission, we continued to provide vital support and resources to those who need the most.

As we look into the future, our focus remains on continuing to adapt and innovate to meet the changing needs of our senior community. We are committed to fostering an environment where every agency and individual we represent feels valued, supported, and connected.

I extend my heartfelt thanks to our dedicated staff, volunteers, board members and community partners for their unwavering support. Your contributions are instrumental in the success of our mission and the well-being of those we serve.

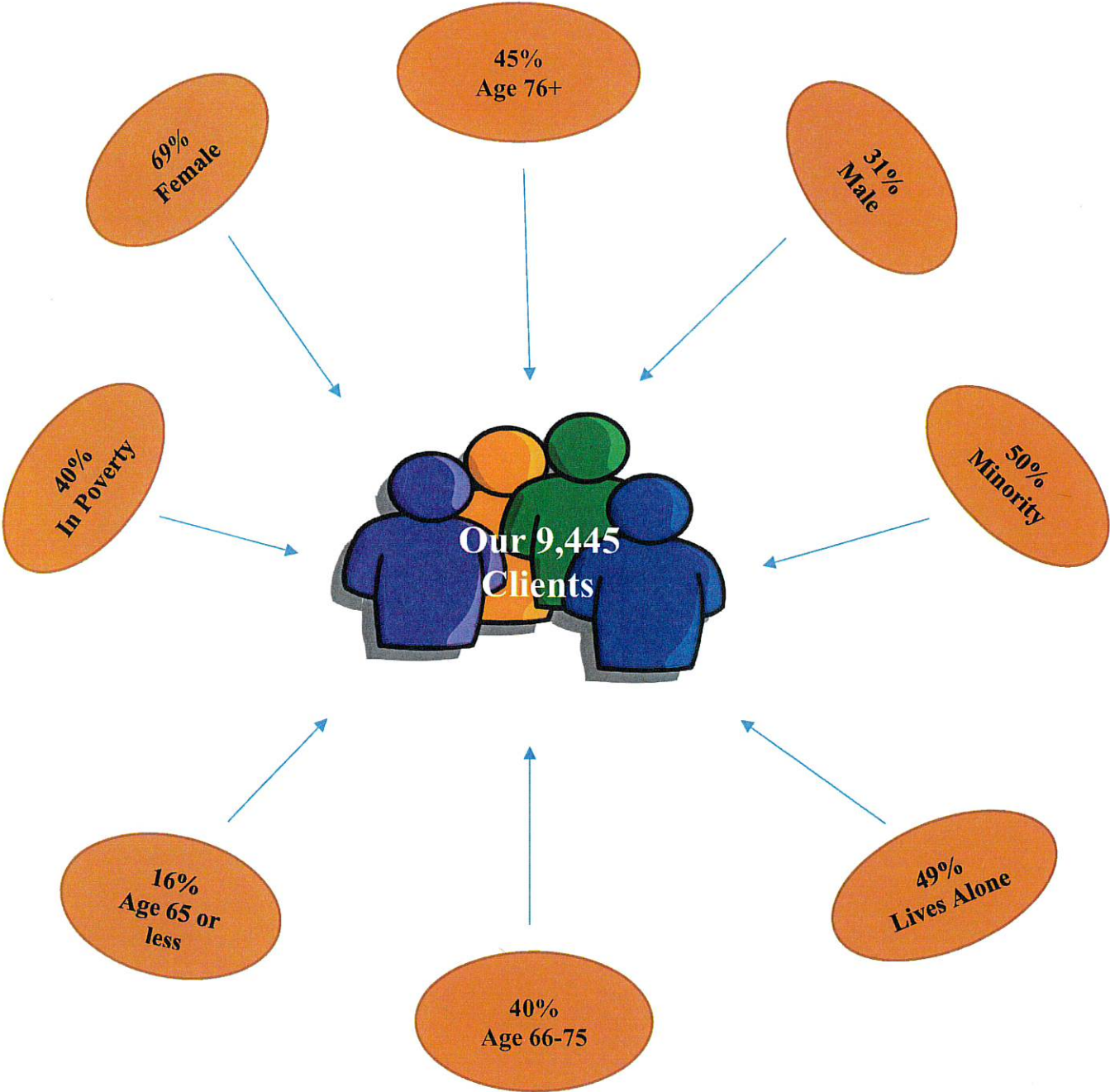
United, we are making a meaningful difference in the parishes we serve, and I am excited for the opportunities that remain ahead. Thank you for being an integral part of our journey.

Warm Regards,

Kristin Zatta

Kristin Zatta, President
Board of Directors
Capital Area Agency on Aging

CLIENT PROFILE

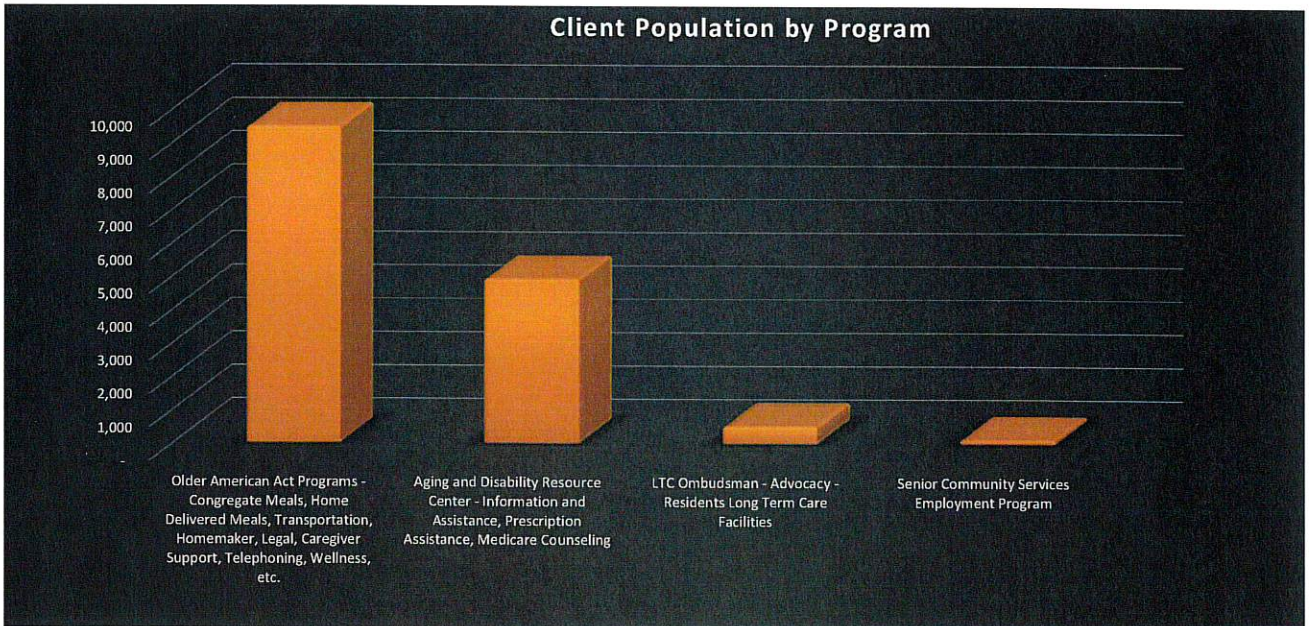


SERVICES PROVIDED

July 1, 2023 - June 30, 2024

PERSONS SERVED *	9,445	HEALTH PROMOTION/DISEASE PREVENTION	
		Evidence Based Wellness Units of Service	2,615
		Total Participants	240
SUPPORTIVE SERVICES			
Information and Assistance - Clients Assessed for Services	7,701	Senior Community Services Employment Program (SCSEP)	
Outreach - Face to Face Contacts	990	Total Participants	104
Transportation Rides	131,782		
Homemaker Hours	24,576	NATIONAL CAREGIVER SUPPORT	
Personal Care Hours	1,533	Information and Assistance	122
Telephoning Contacts	28,929	In-Home Respite Hours	12,715
Legal Hours	290	Sitter Hours	4,872
Medical Alert (Emergency devices)	1,595	Material Aid Items	558
		LTC OMBUDSMAN	
HOME DELIVERED MEALS		Cases/Complaints	547/829
Total Persons Served	2,775	Facilities/Parishes	197/22
Total Meals Served	472,715	Visitation/Hours	1687/2046
Nutrition Education Client Sessions	2,043		
		AGING AND DISABILITY RESOURCE CENTER (ADRC)	
CONGREGATE MEALS		Total Clients Assisted	4,295
Total Persons Served	2,808	LOUISIANA SENIORx	
Total Meals Served	191,742	Total Clients	346
Nutrition Education Group Session	556	Total New Clients	293
		30-day Prescriptions Filled/Refilled	2,307
		Prescription Drug Savings	\$94,515,039
		Medicare Part D counseling	63

*Unduplicated client count does not include LTC Ombudsman, SenioRx clients or ADRC Clients

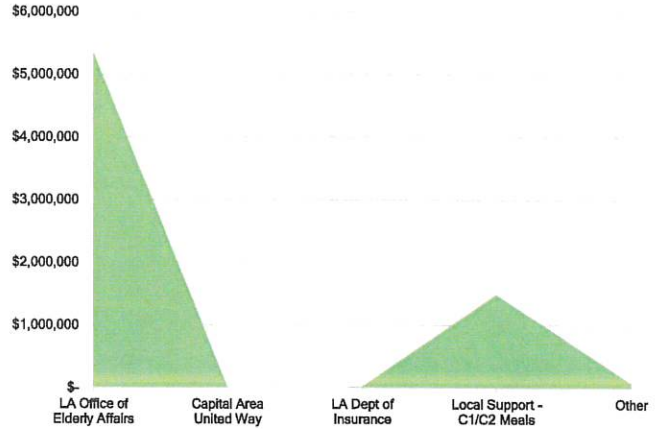


STATEMENT OF ACTIVITIES
July 1, 2023 - June 30, 2024

SUPPORT AND REVENUES

Governor's Office of Elderly Affairs	\$ 5,340,002
Department of Insurance	14,250
Capital Area United Way	1,432
Local Support - Title III-C-1/III-C-2 Meals	1,485,172
Other Support and Revenues	71,103
Interest Income	<u>3,237</u>
Total Support and Revenue	6,915,196

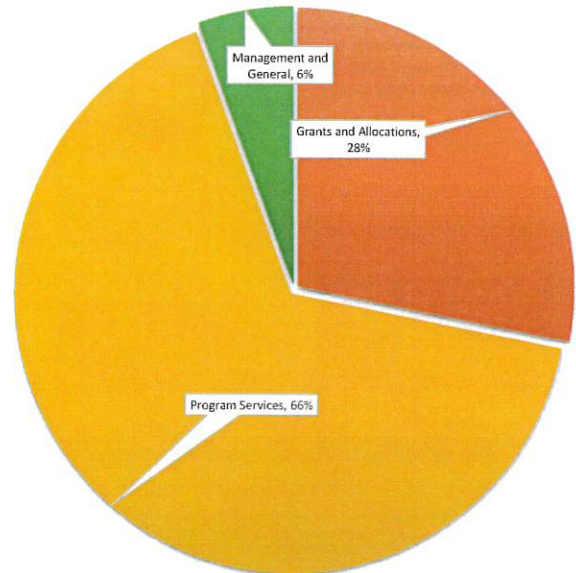
REVENUES



EXPENSES

Grants and Allocations	\$ 1,981,200
Functional Expenses:	
Program Services	
Title III-C-1 Congregate Meals	734,766
Title III-C-2 Home Delivered Meals	2,309,991
Title III-D Preventive Health	64,961
Aging and Disability Resource Center/SenioRx	199,625
Long Term Care Ombudsman	505,624
State Public Health	191,367
Senior Community Services Employment Program	662,682
(MIPPA)	<u>13,535</u>
Total Program Services	4,682,551
Fund Raising	4,503
Management and general	<u>386,452</u>
Total Expenses	\$ 7,054,706
 BALANCE JULY 1, 2023	 <u>626,747</u>
 BALANCE JUNE 30, 2024	 <u>\$ 487,237</u>

EXPENSES



■ Grants and Allocations ■ Program Services ■ Management and General

The Capital Area Agency on Aging staff, Board of Directors, and Advisory Council are proud to share this Annual Report with you.

As we celebrate 50 years of service to our community, I am filled with immense gratitude and pride for all that we have accomplished together at the Capital Area Agency on Aging. This milestone is not just a reflection of our past, but a testament to the strength and resilience of our community, our partners, and our dedicated staff.



Over the last five decades, we have witnessed significant changes in the landscape of aging services. From the initial days of advocacy and support for seniors to our current comprehensive array of programs, we have continuously evolved to meet the diverse needs of older adults, caregivers and their families. Our commitment to empowering individuals to lead fulfilling lives remains at the core of our mission.

Over the years, we expanded our services to include innovative programs that promote health, social engagement, and independence. We've strengthened our partnerships with local organizations, ensuring that our seniors have access to vital resources. The feedback from the community has been overwhelmingly positive, and it inspires us to keep pushing forward.

I would like to take a moment to acknowledge the countless individuals who have contributed to our success. Our dedicated staff, supportive board, and passionate community partners are the heart of our agency. Together, we have made a profound impact in the lives of many.

Looking ahead, we are excited to explore new opportunities and address the challenges that lie ahead. Our vision is clear: advocate and provide services to enhance the quality of life for aging adults.

Thank you for being a part of our journey. Together, we can continue to make a difference for the next generation of older adults.

With heartfelt appreciation,

Craig Haberline

Executive Director

Dear CAAA Friends,

Thank you for allowing me to serve you as the Advisory Council President for Capital Area Agency on Aging. It is my honor to be one of the voices of older adults and persons with disabilities. I will continue to serve to the best of my abilities and knowledge. The advisory Council is excited to see what these years will bring and continue to provide service to you.



Capital Area Agency on Aging older adult population is continuing to rapidly increase, and we are expanding to reach new areas to serve. It is our mission to assist our older adult population to obtain information and resources to live the best quality of life possible.

As we are approaching Capital Area Agency on Aging's 51st year of providing services and information to our older adults and others, we will continue to take an active role in connecting with you to help serve you better. As we adjust to the changes that the COVID crisis affected our way of communicating and gathering information from our constituents to help staff, board members and advisory council to best advise and promote our area plan that will guide the Capital Area Agency on Aging. This allows the agency to continue to bring excellent service to our older adult population that has increasingly grown over the years and continue to look for ways to improve this agency to best serve you.

To meet the needs of our older adult population to faithfully provide excellent service with transportation, meals, legal, and nutrition services. We will advocate on behalf of our older adults to our community leaders to help assist the older population to improve living conditions to bring about a better quality of life. We want to help create a healthy environment so that our older adults feel safe and secure as we move forward.

On Behalf of Capital Area Agency on Aging, Board Members and Advisory Council we would like to thank you for allowing us to serve you over the years. We will continue to work tirelessly on your behalf, and we will continue to personally advocate for our older adults. We look forward to the future to continue to work and create new experiences and find innovative ideas that will involve more resources and activities for your future. We want to always be available to collaborate with all of you. It is our mission to you to help advise Capital Area Agency on Aging to better serve the older adults of our area.

Our Best Regards,

Capital Area Agency on Aging Advisory Council

Hazel Knighten

Hazel M. Knighten, Advisory Council President

ACKNOWLEDGMENTS

Service Providers

Alzheimer's Services of the Capital Area
Ascension Council on Aging
Assumption Council on Aging
East Feliciana Council on Aging
Iberville Council on Aging
LA Homecare – Home Instead
Pointe Coupee Council on Aging
St. Helena Council on Aging

South Louisiana Caregiving – Home Instead
Southeast Louisiana Legal Services
Tangi Cares – Home Instead
Tangipahoa Voluntary Council on Aging
Trio Community Living
Washington Council on Aging
West Baton Rouge Council on Aging
West Feliciana Council on Aging

Governing & Advisory Authorities

Capital Area Agency on Aging Board of Directors
Capital Area Agency on Aging Advisory Council

THANKS TO THE FOLLOWING FOR SUPPORTING CAPITAL AREA AGENCY ON AGING



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compassionate care.

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